



Gwekwaadziwin Miikan
2027 HWY 540, Little Current ON
Phone (705)370-5307 Fax (705)370-5308

GWEKWAADZIWIN MIIKAN MEDICAL FORM

Gwekwaadziwin Miikan Phase 1- is a Land Based treatment program that is conducted completely in the wilderness over the course of 90 days and incorporates outdoor experiential learning that incorporates therapeutic best practice. Clients will be required to be physically active on a daily basis with activities such as hiking, canoeing, snowshoeing, fish netting, and could include traditional activities such as ceremony, smudging, medicine walks, and fasting. The purpose of this Medical is to ensure that participants can meaningfully engage in the spectrum of programming or if there are medical issues how they might be mitigated to promote participation. Please note this form is to be completed by a Doctor or Nurse Practitioner to the best of their knowledge.

PERSONAL INFORMATION

| | |
|-------------------------------------------------------|-----------------|
| Date: | Applicant Name: |
| DOB (d/m/y): / / | Health Card #: |
| Doctor Completing Admission Physical (please print): | |
| Family Doctor (if different from above/please print): | |

BASIC STATS/VITALS

| | | | |
|-----------------|--------|---------|---------|
| Blood Pressure: | Pulse: | Weight: | Height: |
| Notes: | | | |
| | | | |

MEDICAL HISTORY

| | | | |
|----------------------------------------------------------|----------------------------------------|------------------------------------------------|------------------------------------|
| Bone/Joint Problems <input type="checkbox"/> | Diabetes <input type="checkbox"/> | Blood Pressure Issues <input type="checkbox"/> | Hepatitis A B C (circle) |
| Head/Brain Injury <input type="checkbox"/> | Cancer <input type="checkbox"/> | Heart Issues <input type="checkbox"/> | HIV/Aids <input type="checkbox"/> |
| Liver Problems <input type="checkbox"/> | Dental issues <input type="checkbox"/> | Stomach Issues <input type="checkbox"/> | Pregnancy <input type="checkbox"/> |
| Kidney Problems <input type="checkbox"/> | Vision issues <input type="checkbox"/> | Hearing issues <input type="checkbox"/> | Arthritis <input type="checkbox"/> |
| Sexually transmitted infections <input type="checkbox"/> | Back Issues <input type="checkbox"/> | GI issues/IBS <input type="checkbox"/> | |

If any of the above are checked as yes, please explain below or attach additional pages:

Please attach any additional required information to this document.
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| Conditions / Diagnosis | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|---------------------------------------------------|-------------------------------|
| Intellectual Disability <input type="checkbox"/> | Personality Disorder <input type="checkbox"/> | Chronic Pain <input type="checkbox"/> | PTSD <input type="checkbox"/> |
| Eating Disorder <input type="checkbox"/> | Schizophrenia <input type="checkbox"/> | Psychosis <input type="checkbox"/> | FASD <input type="checkbox"/> |
| Are there other mental health or medical diagnosis that we should be aware of? Examples: anything that would affect impulsivity or ability to function independently or with a group or pose a safety risk to self or others: | | | |
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| | | | |
| CURRENT SAFETY RISKS | | | |
| Hear, see, or feel things that others do not? <input type="checkbox"/> | Psychosis: <input type="checkbox"/> | History of Fire Setting: <input type="checkbox"/> | |
| Thoughts or attempts of harm to self: <input type="checkbox"/> | Dissociation: <input type="checkbox"/> | | |
| Thoughts of harm to others: <input type="checkbox"/> | Impulsivity that would pose safety concerns: <input type="checkbox"/> | | |
| Has the applicant had any psychiatric and or medical hospitalizations in the last 5 years <input type="checkbox"/> Yes <input type="checkbox"/> No | | | |
| Summary: | | | |
| | | | |
| | | | |
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| | | | |
| MEDICATIONS, doses, and reasons for taking them | | | |
| If person is accepted to the program we would require 90 day refill transferred to our local pharmacy | | | |
| Name: | Dose: | Frequency: | Reason: |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Allergies and is Epi-Pen required | | | |
| Allergy: | Reaction: | Epi Pen Required: | |

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| | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------|
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| | | |
| OPIATE REPLACEMENT THERAPY | | |
| Is the participant currently taking Suboxone, Sublocade or Methadone? <input type="checkbox"/> Yes <input type="checkbox"/> No | | |
| Name: | Amount: | |
| Name of ORT Doctor: | Schedule: | |
| Clinic Name: | Phone #: | |
| COVID 19 | | |
| Is applicant Vaccinated against Covid 19: <input type="checkbox"/> Yes <input type="checkbox"/> No | | |
| 1 st Dose Date: | 2 nd Dose Date: | Booster: |
| Name of Vaccine: | Name of Vaccine: | Name of Vaccine: |
| Given the unique nature of Gwekwaadziwin's land-based program does the applicant have any other medical concerns or physical health conditions we should be aware of that may effect their success in our program? | | |
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In your opinion is the applicant well enough to take part in the Gwekwaadziwin Miikan 90-day land based Program? YES _____ NO _____

 Physician's Signature

 Admissions Coordinator or designate

 Date

 Date

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